

The book was found

# Candida: Treating It Successfully



## **Synopsis**

This book is a short, to the point treatment of systemic candidiasis (yeast infection). It relates how the author, a Doctor of Naturopathy treats and has treated systemic candida for the past twenty-five years, successfully, with periodic updates over the years. All remedies mentioned are natural and specific. Diet and a few recipes are included.

## **Book Information**

File Size: 125 KB

Print Length: 37 pages

Publication Date: August 18, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B008ZQJJVC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,035,570 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #76

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Candida #2681 in Kindle Store > Kindle Short Reads > One hour (33-43 pages) > Health, Fitness & Dieting #2905  
in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Alternative Therapies

## **Customer Reviews**

I think many of Dr Blinzler's recommendations are amazing. I called his office and he spoke with me for a while offering kind advice. As with any intestinal issue, one size does not fit all. For me drinking organic bone broth, eating cultured vegetables and cooked greens really helped. Bio trust Pro X 10 probiotic, Perma clear and SF 722 by Thorne , Biociden, Tricyclen and olive leaf also helped greatly. Renew Life IBS formula and slippery elm supplements have cleared my constipation. GI Sustain rice protein powder by metagenics offered me huge improvement for leaky gut. Drinking peppermint chamomile fennel and licorice teas with meals also calmed my digestion greatly. That is just me. I have completely removed wheat, agave, wine, beer, aged spirits and white sugar from my diet. I do allow some organic coconut date honey maple fruit and insulin sugars in moderation. I drink clear

liquor only on occasion mixed with sparkling water. It took me almost a year to get to the point where I can have these things. Everyone is different and Dr Blinzler's advice help me get some insight. I disagree with a few things on his list : artificial sweeteners, wheat of any kind, cheese (at least in the first two months), triscuits, breads, vegetable oil are all very inflammatory avoid anything that causes inflammation. Take cinnamon leaf, turmeric, peppermint, fennel to help with this. All disease is caused by some type of inflammatory response so supplements which address this really help too. Also CHEW your food! It's funny and simple but our stomachs don't have teeth and well chewed food can greatly improve your digestive health not to mention enjoyment! Be well!

[Download to continue reading...](#)

Candida: Cleanse Your Body And Cure Candida Forever (Candida, Yeast, Fungi, Gluten Free, Gluten Intolerance, Wheat Free, Wheat, Belly, Grain, Brain, autoimmune, Atkins, celiac) Candida: Cleanse Your Body And Cure Candida Forever (Candida, Yeast, Fungi, Gluten Free, Gluten Intolerance, Wheat Free, Wheat, Belly, Grain, Brain, autoimmune, Atkins, celiac, lyme) Candida: the two minute Candida cure:: new details added April '16 about the unique probiotic Candida is very sensitive to Candida Cleanse Natural Cure: A Step-By-Step Guide to Candida Treating and Detox in 21 Days (Concerned about gluten free diets, wheat belly and yeast infection?) Candida: Treating it Successfully The Candida Cure The 90-Day Program to Beat Candida & Restore Vibrant Health The Easy Candida Cure: Effective, All-Natural Solutions to Overcome Candida Infection within 30 Days Coaching Swimming Successfully - 2nd Edition (Coaching Successfully Series) Coaching Basketball Successfully 2nd Edition (Coaching Successfully Series) Coaching Tennis Successfully - 2nd Edition (Coaching Successfully Series) Treating Visceral Dysfunction: An Osteopathic Approach to Understanding and Treating the Abdominal Organs Healthy Appetizers: Easy to Make. Low Carb, Low Fat, Low Calorie Appetizers (Atkins diet, dash diet, ketogenic diet, keto, candida, lyme disease, fibromyalgia, south ... beach diet, TLC diet, Gluten Free, Paleo) Low Carb Diet: Burn Fat! Discover Delicious Recipes! And Lose Weight FAST! (Gluten Free Diet, Candida, Atkins Diet, Celiac, Fibromyalgia, Diabetes, Cancer, ... Belly, Grain, Brain, Epilepsy, Belly Fat) Conquer Candida and Restore Your Immune System: A Guide to the Naturopathic Science of Healing The Everything Candida Diet Book: Improve Your Immunity by Restoring Your Body's Natural Balance (Everything®) Candida, Silver (Mercury) Fillings and the Immune System Healthful Eating: A Cookbook for Those with Candida, Celiac Disease & Diabetes Candida Albicans: Could Yeast Be Your Problem? Coping With Candida Cookbook Gut: The Key to Ultimate Health - SIBO, IBS & Fatigue (GAPS, Candida, Chronic Fatigue, Fibromyalgia, Adrenal Fatigue, SIBO, Parasites)

[Dmca](#)